



HUMAN BIOLOGY

PROGRAM AT
HUNTER COLLEGE

Pro Tips

Graduating with Honors in Human Biology

Departmental honors appears on your transcript and can boost your graduate/health program applications. Additionally, having an internship or independent study experience will help you identify a career path that is best for you.

Honors Requirements

- 3.5 GPA in your Human Biology major**
- 3.0 GPA at Hunter College overall**
- complete a 3-credit independent study or internship through Human Biology (HMBIO 40203 or HMBIO 40303)**

Checking Your Eligibility

- ✓ **Check your general Hunter GPA.** View your overall GPA on the top right corner of your DegreeWorks page. At the time of graduation, you need to have a 3.0 GPA.
- ✓ **Calculate your major GPA.** In order to determine honors eligibility, the Human Biology Program calculates your major GPA by hand. For honors eligibility only, Human Biology counts a "CR" grade as a C. Additionally, we include all attempts of major courses-- D grades included. To calculate your GPA yourself, you can use an online GPA calculator. At the time of graduation, you need to have at least a 3.5 major GPA. This GPA includes courses taken in your last semester.
- ✓ **Complete an internship or independent study for three credits.** Find an internship or independent study opportunity and, prior to the start of your experience, complete the proper form on our program's website. Once your experience is approved, you will be able to enroll for three credits for your time. You must enroll in HMBIO 40203 or HMBIO 40303 prior to the start of your internship. We cannot grant credit to past internship or independent study experiences.

Internship or Independent Study?

An **internship** is a one semester experience, usually completed within a clinical environment or organization outside of Hunter College, in which a student can obtain hands-on learning opportunities. An **independent study** is completed within an on-campus laboratory at Hunter College, during which a student maintains a position as an undergraduate researcher and aids a Hunter professor with their current research project.

Scan here to view a **FULL list of past internships and research completed by Human Biology majors!**



CONTACT US

www.hunter.cuny.edu/human-biology | humbio@hunter.cuny.edu | Hunter North 757



HUMAN BIOLOGY

PROGRAM AT
HUNTER COLLEGE

Pro Tips

Internships and Research Opportunities

Internship or Independent Study?

- ✓ **What is your preferred environment?** An independent study involves conducting research in an on-campus research lab, where you will work with several other peers as well as your mentor professor. An internship's setting can vary. Be sure to look into an internship's site, as you will need to travel to that location often.
- ✓ **Which experiences will prepare you for your career goals?** While lab experience would be most beneficial for a student interested in a career in academic or research, a student planning to become a PA may prefer an opportunity to work with patients. Some graduate programs also require clinical hours or other experiences that will prepare you for their coursework.
- ✓ **What is your schedule?** Your three-credit experience in an internship or independent study should equate to about 120 hours. However, an internship may require one full day of service per week, while an independent study may require several hours multiple times per week. It is best to look into the time requirement for the opportunities that interest you most.

What's Next?

- ✓ **Search for opportunities.**
 - Use the QR code on the right to view internship opportunities in Human Biology!
 - You can also use the Human Biology Program website, the Pre-Health Advising listserv, the Cooperman Business Center listserv, the Career Development Services office, and the websites of your local hospitals, clinics, and government agencies to find opportunities!
 - For independent studies, see our *Pro Tips: Emailing a Professor* handout. Do some research on the faculty within your desired department, and then use our email template to reach out for a meeting.

Scan here to view a FULL list of past internships and research completed by Human Biology majors!



✓ **OPTIONAL: Request to earn credit for your internship/research.**

1. Apply for and be accepted to an internship or research experience for the following semester.
2. During registration for that semester, complete the proper form on our website (under Advising, Internship and Research).
3. Be detailed! Make sure that you proofread your submission.
4. Our office will review your request and reach out if any revisions are needed.
5. Our office will reach out to your supervisor to confirm your placement.
6. Our office will grant you permission to enroll in an internship or independent study for credit.
7. You will enroll for the internship or independent study for credit. The course will appear on your schedule as a normal class.
8. You will complete 100-120 hours in your internship or research experience, checking in with our office as required.
9. Our office will reach out to your supervisor to review your performance.
10. Our program director will assign you a letter grade for the course.